



# *Ora et Labora*

## *Contemplative Retreat*

You are invited to a contemplative retreat for those in 8<sup>th</sup> -12<sup>th</sup> grades. Our days will mirror the horarium of Benedictine monks through prayer and work. We will enjoy the Liturgy of the Hours, spending time outdoors in God's Creation, & deepening our friendships. The retreat will be held at a cabin in Hocking Hills, OH. Because of the style of this retreat, space will be limited to 8 girls and 8 boys. A wait list will be available and we may be able to accommodate additional retreatants. Four adult chaperones will attend. Please use the link on the Youth Ministry webpage to register ([delawarestmary.org/youthministry](http://delawarestmary.org/youthministry)). Registration will open in March 2022.

### **Dates and Times:**

Friday April 29: Teens will need to provide their own transportation to the cabin. A list of attendees & parents will be provided to each family who signs up. I encourage you to arrange car-pooling.

Sunday May 1: Parent/Car-pool will pick up teens no later than 10:30am at the cabin. You're invited to join us for Mass at St Mary of the Assumption in Lancaster, OH at 11:15 am.

### **Preview Horarium:**

Friday: Arrive at the cabin, dinner, Compline, social time

Saturday: Office of Readings, breakfast, Lauds, activity choice, lunch, Midday prayer, activity choice, Midafternoon prayer, free time, Vespers, Dinner, Compline, social time

Sunday: Office of Readings, breakfast, Lauds, pick up, Mass at St Mary of the Assumption in Lancaster, OH

**Sleeping Arrangements:** Girls and boys will be separated on different levels of the cabin with at least one chaperone of the same gender on each level. Because of the chosen location of a family-style cabin, sleeping arrangements may include sharing a Queen-sized bed (with a peer of the same gender), sofas, and/or sleeping bags. Anyone may bring a sleeping bag if they prefer. Adults will sleep in private bedrooms. Three bathrooms are available and will be designated for either girls, boys, or adults.

**Meals:** As a part of their 'labora', retreatants will be preparing meals for their peers. The retreat cost includes Friday night's dinner, three meals on Saturday, and breakfast on Sunday. Dietary restrictions should be noted during registration.

**Cost:** The cost per person is \$125. This covers 2 nights' lodging, supplies, and 5 meals.

**COVID19 Policy:** Due to the living arrangements during the retreat, it will not be possible to enforce social distancing or masking. Parents will be required to sign a waiver during registration. Please self-monitor for symptoms prior to attending the retreat. If your child or any immediate family member is feeling ill, please do

not attend! I will offer a full monetary refund for families who must cancel due to COVID19 illness. If your child becomes ill during the retreat, they will be asked to wear a provided mask, remain socially distant, and spend as much time outdoors as possible until you pick them up the same day as the onset of illness. The policy will also include any adult chaperone who becomes ill prior or during the retreat; in that event, a substitute chaperone will be called.

**Packing List:** In addition to personal items, please be sure to bring the following: a bath towel, a bible, a good pair of shoes for the outdoors. Boys should bring a sleeping bag, blanket, and pillow.

